

BS in Health Promotion Advising Sheet

	<u>Credits</u>	<u>Semester</u>	<u>Semester</u>	
			<u>Planned</u>	<u>Completed</u>
<u>Required Core (59 credits):</u>				
BIO 200 (G) Structure and Function of the Human Body (5:2)	3	Fall/Sp/Sum		
CHEM 100 (G) The Molecular World (5:1)	4	Fall/Sp/Sum		
CHEM 506 Human Physiological Chemistry (Odd Yrs.)	3	Spring		
HFIT 200 Lifetime Health and Fitness	3	Fall/Spring		
HFIT 205 (G) Current Concepts in Nutrition (5:2)	3	Fall/Sp/Sum		
HFIT 240 Intro to Health Promotion	3	Fall		
HFIT 245 (G) Gender, Culture, & Health (4:2)	3	Fall		
HFIT 250 Strategies in Stress Reduction	3	Fall/Sp/Sum		
HFIT 325 Exercise Physiology	3	Fall		
HFIT 335 Health Promotion Program Planning (Junior Yr.)	3	Spring		
HFIT 410 Health Promotion Evaluation	3	Fall		
HFIT 488 Senior Seminar (Senior Yr.)	3	Spring		
HFIT 491 Internship in Health Promotion	6	Fall/Sp/Sum		
HFIT 540 Health Communication	3	Fall		
MGMT 353 Principles of Organizational Theory, Behavior, & Mgmt	3	Fall/Sp/Sum		
PSYC 105 (G) Psychology: Understanding Human Behavior (4:1)	3	Fall/Sp/Sum		
PSYC 333 Health Psychology	3	Spring		
STAT 202 Basic Statistics	4	Fall/Sp/Sum		
 <u>Possible Substitutions/Electives:</u>				
PSYC 450 Psychology of Well-Being	3	Spring		
HFIT 270 First Aid, CPR and Medical Emergencies	3	Fall/Sp/Sum		
HFIT 323 Issues in Women's Health	3	Fall/Sp/Sum		
HFIT 265 Wellness Advocates	3	Fall/Spring		
 <u>5-Year Program Option:</u>				
HFIT 565 Quantitative Assessment (Senior Yr.)	3	Fall		